

NOBCO helps students

How:

- Coaching offer for students aged 18-25 (adults)
- Questions from students are often layered. Referring to a psychologist if care is indicated is important.
- Being able to guarantee professionalism is a condition. Therefore: Only certified coaches participate for at least 2 courses each. Ethics code applies
- Student contacts coach via NOBCO website.
- NOBCO provides kick-off for coaches, publicity and a website page with participating coaches. Coach & student are responsible for contact, contract and agreements.

What:

- Three (online) conversations of 1.5 hours for a student
- Symbolic amount of 10 euros per conversation
- Coach hours are registered by coach

**Why:
Coaching
contributes to
people's well-being**

**The mental health of
students is under
pressure**

**Society is opening
up, but the problem
is not gone**